

# CHILTERN CROQUET ACADEMY

## GC SOUND FOUNDATIONS COURSE PROSPECTUS



### **Purpose.**

To provide sound basis for new or high handicap golf croquet player to improve their game so they can play competitively. This course has been designed to provide an introduction to the proposed Southern Croquet Federation 10+ competitions proposed for 2023.

### **You're Coach.**

Each coach delivering this course will be both a Croquet Association grade 1 golf coach or better and approved and supported by Chiltern Croquet Academy.

### **What's expected of you?**

While no formal prior qualifications are required, the course assumes that you have been introduced to the sport and understand the basis of golf croquet.

Ideally you will bring a croquet mallet that you are familiar with. If this is not possible one normally can be provided.

Clothing to suite the weather. However, your footwear must be for use on a croquet court, tennis or bowls shoe are particularly suitable.

To participate in a full day of coaching and activities.

### **What you can expect on the day.**

You will be coached primarily in 4 areas which are outlined below:

- |         |  |
|---------|--|
| Skills  | Stance – positioning the feet correctly.<br>Core Stroke – hitting through the middle of the ball.<br>Clearances – hitting another ball.<br>Hoop running.<br>Practice routines to improve skills. |
| Tactics | Approach shoots.<br>Blocking v clearing.<br>Decision making.   |
| Rules   | Offside.<br>Foul shots.<br>Advantage GC v Extra shots handicap games.  |

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Others    How to approach competitive play.  
Competitive Play opportunities - club/federation/CA.  
Other courses.  
Feedback opportunity.

## **What you will get out of the day.**

How to make your swing and aim more consistent.  
How to position your ball more accurately.  
How to extend your clearing distance.  
To have an effective method of running hoops.  
How to choose between positioning and clearing.  
To have a basic understanding of tactics.  
Have an understanding of handicap croquet and its variations.  
What is and potentially could be a foul shot.  
How you can improve your playing skills.  
How to play competitive croquet with more confidence.

For more information on Chiltern Croquet Academy and the courses it offer please visit. [Chiltern Croquet Academy - Home](#)

**CHILTERN CROQUET ACADEMY - COURSE PROGRAMME 2023**

Day	Date	Courses	Venue*	Ideal Hand-icaps	Course Leader	Cost**
Sat	14/1/23	Introduction to Club-Level Tournament Management Course	Phyllis Court	NA	Chris Roberts	£5
Thu	19/1/23	Academy AC Coaches' Seminar / SC Competition	High Wycombe	NA	Ian Shore	£0
Mon/Tue	13-14/2/23	Becoming a GC Referee Course (Sponsored by SWF)	Bath	NA	Ian Shore	£25
Wed	15/2/23	GC Referee Refresher - Morning Seminar	Bath	NA	Ian Shore	£30
Sat	25/2/23	GC Referee Refresher - Morning Seminar	Ryde	NA	Ian Shore	£12
Sat/Sun	11-12/3/23	Becoming a GC Referee Weekend Course	Eynsham	NA	Ian Shore	£25
Sat/Sun /Mon	18-20/3/23	Becoming an AC Referee Course	High Wycombe	NA	Cliff Jones	£25
Fri	24/3/23	GC Referee Refresher - Afternoon Seminar	High Wycombe	NA	Ian Cobbold	£10
Sat/Sun	25-26/3/23	Becoming a Coach Weekend Course (CTC/CQC)	High Wycombe	NA	Cliff Jones	£25
Wed	29/3/23	Swing Training for Coaches Morning	High Wycombe	NA	Raouf Allim	£10
Fri	31/3/23	GC - Sound Foundations Course	Eynsham	10+	TBC	£30
Sat	1/4/23	Swing Clinic with the Doctor!	High Wycombe	NA	Raouf Allim	£25
Sun	2/4/23	Improving Your Game for GC C-Level (H'caps 7+) Players Course	Watford	7+	Ian Shore	£40
Tue	4/4/23	GC Masterclass with Stephen Mulliner	High Wycombe	-2 to 2	Stephen Mulliner	£50
Sat/Sun	8-9/4/23	<i>Easter Weekend</i>				
Sat	15/4/23	Building Better Breaks: A Course for AC Improvers (H'caps 11 to 18)	Ealing	11 to 18	Tony Elliott	£40
Sat	22/4/23	Improving Your Game for GC C-Level (H'caps 7+) Players Course	High Wycombe	7+	Ian Shore	£40
Tue	25/4/23	Honing Your Competitive Edge: Afternoon Course	High Wycombe	8-	Ian Shore	£25
Sun	30/4/23	GC - Sound Foundations Course	Eynsham	10+	TBC	£30
Mon	1/5/23	<i>Early May Bank Holiday</i>				
Tue	2/5/23	Increasing Your Enjoyment of Golf Croquet	(Winslow)	High	Ian Shore	TBD
Thu	04 & 11/05/23	Becoming a GC Referee Course	(Roehampton)	NA	Ian Shore	£25
Sat	6/5/23	<i>Coronation Day</i>				
Mon	8/5/23	<i>Coronation Bank Holiday</i>				
Tue	9/5/23	Swing Clinic with the Doctor!	High Wycombe	NA	Raouf Allim	£25
Mon	15/5/23	Improving Your Game for GC B-Level (H'caps 3+) Players Course	Hamptworth	5 to 8	Ian Shore	£40
Tue	16/5/23	AC - Working Towards a 12-hoop Break Course (H'caps 8 to 14)	High Wycombe	8 to 16	Raouf Allim	£40
Tue	23/5/23	Introduction to Short Croquet Course	High Wycombe	NA	Cliff Jones	£30
Sat	27/5/23	GC - Sound Foundations Course	High Wycombe	10+	Ian Shore	£30
Mon	29/5/23	<i>Late May Bank Holiday</i>				
Wed/Thu	7-8/6/23	Becoming a GC Referee Course	Peterborough	NA	Ian Shore	£15
Sun/Mon	30-31/7/23	Becoming a GC Referee Course (sponsored by WCF)	Cheltenham	Any	Ian Shore	£0

\* Generally bookings are made via CA's Fixtures Calendar, unless course venue is identified with parentheses, in which case the course is for members of that club, who will manage all bookings.

\*\* For coaching and refereeing courses, course fees have been reduced by subsidies, granted by the CA, of £25 per participant. Further grants are available from some Federations on personal application to your local Federation Coaching Officer.

All bookings via CA website Fixtures Calendar

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